

About Climate Action Fife Youth Engagement



Youth 1st is a proud partner of

**CLIMATE
ACTION FIFE**



A Scottish Charitable Incorporated Organisation (SCIO)
Registered Charity: SC006872

www.youth1st.co.uk



Climate Action Fife brings together individuals, communities, local government, and businesses to tackle the climate emergency and make Fife a greener and fairer place to live.

The Climate Action Fife youth engagement part of the project is Fife-wide and aimed at engaging young people between 10-25 on the topic of climate change and empowering them to take action!

Throughout the project we will reach out to young people through talks workshops and events being delivered in youth groups, schools and colleges in Fife.

The talks will be given to larger groups of young people to raise awareness of the climate emergency.

The talks include:

- **How Everyone Can Make a Difference** - discussing the ways young people can get involved with local climate change action such as tree planting, beach cleans and citizen science projects.
- **Eating for Climate Change** - which will discuss the carbon cost of the food we eat (and potentially waste) and the importance of eating local and in season.
- **The 6th Mass Extinction: What is the biodiversity crisis?** - which connects human actions and climate change to the loss of biodiversity both locally and across the world.
- **Climate Justice** - a discussion on the inequality of climate change globally and how BAME, LGBTQ+ and woman are disproportionately affected by climate change.
- **What is climate change and why we should care** - a climate change introduction.

www.climateactionfife.org.uk

Workshops will be **1 or 2 hour long** (1 hour workshops have been designed for a school classroom setting) and will be interactive, fun and discussion-based sessions which will give young people the knowledge and tools to act against climate change.



Workshops Include:

- **Nobody is Too Small to Make a Difference** - a workshop designed to make sure that young people feel that their voices can be heard and that they are not powerless.
- **Climate Anxiety and Eco Grief** - a workshop discussing the ways we protect ourselves against being overwhelmed and keeping a cool head in a warming planet.
- **Climate Change Simulated** - a workshop with simulations/ experiments to model what climate change is and its adverse effects. Young people will discuss the how human activities connect to the symptoms of climate change.
- **The 6th mass extinction- climate change and the biodiversity crisis** - how is climate change affecting the plants and animals of the world?
- **How Personal Choices Make a Difference** - 3 different workshops which address how changes in lifestyle can lower our carbon footprint.

Workshops include:

1. Cooking and Eating (research-based workshop that requires IT access).
2. Fast Fashion and Shopping.
3. Climate Friendly Travel.



Sessions and workshops are **FREE** for Youth Groups and organisations working with young people in Fife.

INTERESTED? Then please email sean@youth1st.co.uk or contact Youth 1st on 01592 645355.





New Volunteer House, 16 East Fergus Place,
Kirkcaldy, Fife, KY1 1XT

Telephone: 01592 645355
Email: sean@youth1st.co.uk

www.youth1st.co.uk



@Youth1st1938

www.climateactionfife.org.uk



@climateactionfife

