

About

youth1st



Supporting Youth Organisations and Groups in Fife



A Scottish Charitable Incorporated Organisation (SCIO)
Registered Charity: SC006872

www.youth1st.co.uk



Youth 1st provides services which increase the effectiveness and capacity of our members who engage with young people in the youth work sector in Fife.

Established over 80 years ago, Youth 1st is the leading support agency for youth organisations, youth groups, youth workers, volunteers and young people in Fife.

Each year, a number of youth groups and organisations become members of Youth 1st. We currently have approximately 11,000+ members throughout Fife attending over 250+ different youth groups and organisations. Most of our member groups are organised and run by volunteers.

Youth 1st offer innovative and essential training for youth workers such as PDA in Youth Work, Ready for Youth Work, Awards, Child Protection, Child Protection Officer Training, Conflict Resolutions, First Aid and much more. We also provide a programme of fun and informative opportunities and activities for young people including training workshops, sports tasters, networking events, activity weekends and much more.

Our dedicated and committed team (both paid and voluntary) provide a support service to all our member groups including access to the PVG Scheme, advice, support and assistance with programme planning. We have also developed excellent, innovative youth work initiatives, such as The B:activ Project and our partnership with Climate Action Fife. We continue to develop new ideas with a forward thinking approach.

Networking and Support

Youth 1st regularly visit and keep in touch with youth workers and young people via group visits, networking events and email distribution. We produce regular e-bulletins via the VYN project which keeps all our members and contacts up to date with news, training and funding within the network. We also send out regular e-bulletins about forthcoming events and training. We have over 1000 followers on our Facebook pages and encourage our members to make use of our e-bulletins, Facebook and website to promote their resources and services.

We also provide a comprehensive support package to our current membership and potential new youth groups. We aim to promote voluntary youth groups as much as possible and complement provision from Fife Council and other agencies in Fife.

Through our unique network, we organise and offer opportunities to our members, volunteers and voluntary youth organisations to participate in conferences, seminars and networking events which interest and inform them. We also collaborate with other agencies in providing the same.



Youth Scotland Network & Insurance

As part of their membership our members also join the Youth Scotland network. The national network provides access to a variety of opportunities including a comprehensive insurance package which has been developed to suit the youth club setting.

PVG Scheme

Youth 1st have a system in place to assist groups with the PVG Scheme process. All newly recruited volunteers and paid staff must apply to join the PVG Scheme before working with young people and vulnerable adults. For more details about this system contact the Youth 1st office.



Activities and Training for Young People

Youth 1st provide a range of activities for all young people. We organise an exciting programme particularly aimed at 8 to 14 year olds and 15 to 18 year olds.

The B:activ project brings together all the physical activity training and events for young people and young volunteers. This project will include Well-being Award, Leadership Award, sports tasters, games nights and other fun events which promote physical activity and healthy well being.

We offer a range of informal training for young people which can be tailor made for each group. We are a Climate Action Fife partner and offer workshops and talks for young people discussing the Climate and what they can do to help.

We provide other fun sessions including Quiz Nights and Arts and Crafts. Our member groups can also access our services for their school holiday programmes and much more.

Training Journey for Youth Workers

We organise informal training workshops for volunteers, youth workers and others working with young people. Workshops include Awards, Basic Child Protection, Child Protection Officer Training, Conflict Resolutions, First Aid, Games, Girfec, Programme Planning, Ready for Youth Work and much more.

We also work in partnership with Youth Scotland to organise and deliver the PDA in Youth Work course which is a SQA accredited qualification for youth workers.

We tailor our training menu to meet the needs of youth workers from across Fife, use qualified trainers and/or work in partnership with outside agencies to deliver quality and informal training.

Completion Certificates & Awards

All our activities and training events for both young people and youth workers/volunteers come with a completion certificate. On completion of an Emergency First Aid at Work course participants will receive an accredited 3 year certificate. Participants who complete the Sports Leaders UK programme will receive a Go Lead Certificate or a Young Leader certificate awarded by Sports Leaders UK.

We can also assist with Hi5 and Dynamic Youth Awards. We also encourage all our members to use the Youth Achievement Award Scheme which is administered by Youth Scotland (minimal fees). As part of your membership you can access Youth Achievement Award support from our staff team.

For further details about our services, training menus and activities please email admin@youth1st.co.uk or contact Youth 1st on 01592 645355.



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